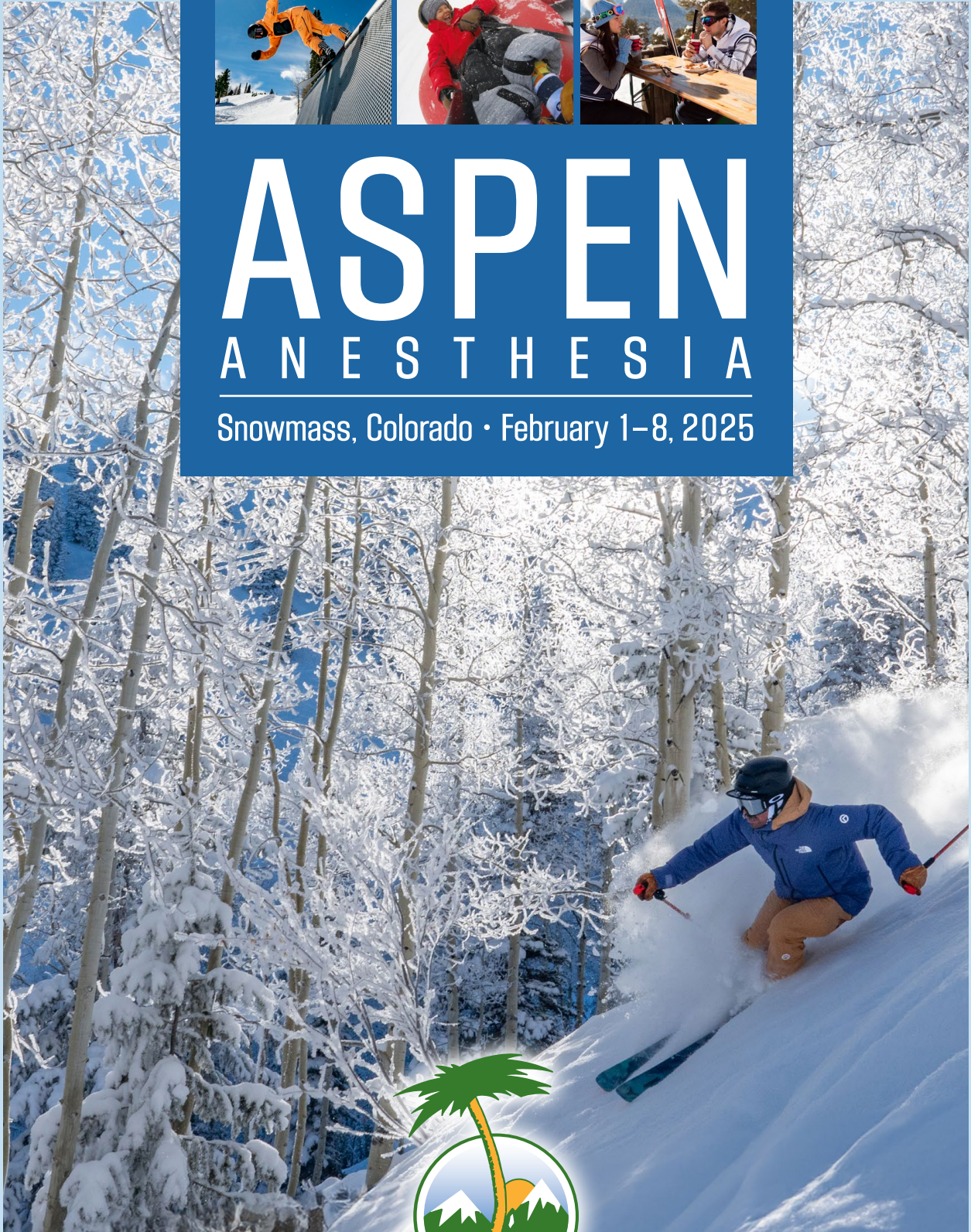




ASPEN

A N E S T H E S I A

Snowmass, Colorado • February 1–8, 2025



HOLIDAY SEMINARS

Excellence in Anesthesia CME

• Presented at Some of the World's Finest Resorts •



Snowmass Village

The World's Greatest Ski Resort!

Your winter wonderland awaits with over 3,300 breathtaking acres of prime ski terrain to explore. From the seminar at the luxurious Viceroy Snowmass Resort to any advertised lodging, enjoy the simplicity of ski-in, ski-out access to the country's most lift-served vertical and 98 trails. With gentle beginner slopes and sweeping intermediate cruisers to extreme pitches that challenge even the best, Aspen Anesthesia is one CME that the whole family will love.

\$150+
of Rebates
and Bonuses
Available!

**22 Hours AMA
PRA Category
1 Credit™**

**22 Hours AANA
Class A CE Credits
Code: 1044726**

ON-SITE TUITION FEES

When you register by 12/31/24:

\$1,175 Physicians, CRNAs, & Other Healthcare Professionals

\$1,025 Physicians and Nurses in Training
(LETTER FROM CHAIRMAN REQUIRED)

LATE TUITION FEES

When you register after 12/31/24:

\$1,275 Physicians, CRNAs, & Other Healthcare Professionals

\$1,125 Physicians and Nurses in Training
(LETTER FROM CHAIRMAN REQUIRED)

LIVESTREAM ONLY FEES

\$750 Physicians, CRNAs, & Other Healthcare Professionals
(FOR REMOTE PARTICIPATION ONLY/NOT TRAVELING ON-SITE)

ON-SITE TUITION INCLUDES

- Admission to Lectures (AND LIVESTREAM ACCESS)
- 22 Hours *AMA PRA Category 1 Credit™* for Physicians
- 22 Prior Approval Class A CE's Awarded by the AANA Code 1044726
- Electronic Syllabus: Downloadable PDF
- Breakfast at Each Morning Session (FOR REGISTRANTS ONLY)
- Snacks at Each Afternoon Session (FOR REGISTRANTS ONLY)
- Picnic on the Mountain & Nastar Race
- Reception Sunday Evening (FOR ATTENDEE AND SPOUSE/FRIEND)

LIVESTREAM ONLY TUITION INCLUDES

- Lectures via Livestream Access
- 22 Hours of *AMA PRA Category 1 Credit™* for Physicians
- 22 Prior Approval Class A CE's Awarded by the AANA Code 1044726
- Electronic Syllabus: Downloadable PDF

*DOES NOT INCLUDE ON-SITE ACCESS, BONUSES, OR DISCOUNTS

LECTURE SCHEDULE

SUNDAY, FEBRUARY 2

4:30–6:00 PM Welcome Reception for Attendee and Spouse/Guest

MONDAY, FEBRUARY 3

7:00 AM Dr. Wolpaw Finding Your Inner Intensivist: The Hemodynamic Management of the ICU Patient Coming to the OR
 8:00 AM Dr. Tsen Dural Puncture Epidural Technique: the Optimal Labor Analgesia?
 4:30 PM Dr. Hepner Perioperative Management of Cardiac Stent Patients
 5:30 PM Dr. Kudchadkar Emergence Agitation in Children: What's New?
 6:30 PM Panel Discussion Drs. Tsen, Hepner, Kudchadkar, and Wolpaw

TUESDAY, FEBRUARY 4

7:00 AM Dr. Tsen Finding Nemo: Neuraxial Techniques and Options for the "Difficult Back"
 8:00 AM Dr. Hepner Perioperative Anticoagulation Management: What, When, and How?
 4:30 PM Dr. Wolpaw Time to Get Personal: Optimizing the Vent for Your Patient
 5:30 PM Dr. Stoner Tips for Managing Anesthesia for Marijuana Users
 6:30 PM Panel Discussion Drs. Tsen, Hepner, Stoner, and Wolpaw

WEDNESDAY, FEBRUARY 5

7:00 AM Dr. Kudchadkar Optimizing Rehabilitation After Anesthesia for Major Surgery: How Can We Help?
 8:00 AM Dr. Wolpaw Common Perioperative Acidoses: Et Tu Bicarb?
 4:30 PM Dr. Mahoney Medicine Should Be Different and You Can Still Make a Difference: Tools to Help You Reconnect with Passion and Purpose
The Dr. Bill Smith Lecture Series Presentation
 5:30 PM Dr. Tsen Clinical Conundrums in Obstetric Analgesia and Anesthesia
 6:30 PM Panel Discussion Drs. Tsen, Kudchadkar, Mahoney, and Wolpaw

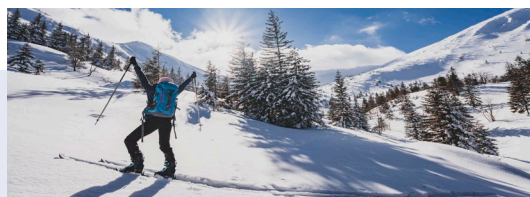
THURSDAY, FEBRUARY 6

7:00 AM Dr. Hepner Perioperative Anaphylaxis: Now What?!
 8:00 AM Dr. Kudchadkar Professional Social Media for the Anesthesia Provider: Nuts and Bolts for Networking and Education
 4:30 PM Dr. Wolpaw Evidence-Based Preoperative Assessment: You Might Not Have to Cancel That Case Afterall
 5:30 PM Dr. Kudchadkar Anesthesia and Neurocognitive Outcomes Across the Pediatric Age Spectrum
 6:30 PM Panel Discussion Drs. Tsen, Hepner, Kudchadkar, and Wolpaw

FRIDAY, FEBRUARY 7

7:00 AM Dr. Hepner Preoperative Lab and Assessment Testing: What is Necessary and Why
 8:00 AM Dr. Tsen What Uterotonic Agents and Regimens Should Be Used for Cesarean Delivery?

*Please note that the lecture topics and/or schedule may change if necessary.



EARLY BIRD BONUSES

¹ Register for the seminar by October 31, 2024 for:

- **FREE \$50 Ski Rental Gift Certificate for Gene Taylor's Sports²**

²May be applied to Standard, Deluxe and Demo rental packages.

- **\$75 Merchandise Gift Certificate for Gene Taylor's Sports³**

³You must register for on-site tuition AND reserve 5 or more nights at any of our advertised Snowmass lodging options by October 31, 2024. Reservations must be made directly by phone (or via the group booking links from our website) under the Aspen Anesthesia group name at our advertised group rates. Any other reservations will not qualify.

ASPEN SPEAKERS



Lawrence C. Tsen, M.D. – Faculty Program Chair

Director, Human Research Office, Brigham & Women's Hospital
 Director of Anesthesia, MGB Center for Reproductive Medicine
 Department of Anesthesiology, Perioperative and Pain Medicine
 Mass General Brigham
 Associate Professor in Anaesthesia
 Harvard Medical School
 Past President, Society for Obstetric Anesthesia and Perinatology
 Boston, MA



David Hepner, M.D., MPH

Medical Director, Weiner Center for Preoperative Evaluation
 Brigham and Women's Hospital
 Associate Professor in Anaesthesia
 Harvard Medical School
 Boston, MA



Sapna R. Kudchadkar, M.D., Ph.D., FCCM

Vice Chair of Pediatric Anesthesiology and Critical Care Medicine
 Anesthesiologist-in-Chief, Johns Hopkins Children's Center
 Director, Johns Hopkins PICU Up! Program
 Associate Professor of Anesthesiology and Critical Care Medicine,
 Pediatrics, and Physical Medicine and Rehabilitation
 Johns Hopkins University School of Medicine
 Baltimore, MD



Jessie Mahoney, M.D.

Founder and CEO, Pause & Presence Wellness Coaching
 Wellness Consultant for Healthcare Institutions Throughout US and Canada
 Co-Host, The Mindful Healers Podcast
 Founding Leader and Executive Board Member, Mindful Healthcare Collective
 Former Chief of Physician Health and Wellness, The Permanente Medical Group
 San Francisco, CA



Tamara Stoner, M.D.

Staff Anesthesiologist
 Former Assistant Professor
 University of Colorado Health Sciences Center
 Colorado Springs, CO
 Founder, Satori Integrative Medicine Clinic
 Glenwood Springs, CO



Jed Wolpaw, M.D., M.Ed., FASA

Associate Professor
 Residency Program Director
 Department of Anesthesiology and Critical Care Medicine
 Johns Hopkins University School of Medicine
 Founder and Host of the Anesthesia and Critical Care Reviews
 and Commentary (ACCRAC) Podcast
 Baltimore, MD

ALUMNI BONUSES

¹ If you have attended three or more Holiday Seminars, you will receive your choice of:

- 1) **A \$40 ASPEN SKIING CO. GIFT CERTIFICATE** for group lift ticket purchases, on-mountain dining, or Four Mountain Sports
- 2) **A \$60 MERCHANDISE GIFT CERTIFICATE** for Gene Taylor's Sports

If you've been with us for ten or more meetings, you and a guest will also be invited to an Alumni Dinner.

TO ENSURE ROOM AVAILABILITY BOOK BEFORE SEPT. 30

Be sure you identify yourself as attending Aspen Anesthesia, and book right away for the best rates!

Lowest Lodging Rates with Holiday Seminars

For the lowest rate available, call any of the properties listed below (or more on our website) and mention you are with the Aspen Anesthesia group.⁴ Many rates increase with time so book right away!



VICEROY SNOWMASS RESORT • 1-877-235-7577 • FROM \$480/NT

Conference headquarters for Aspen Anesthesia! Viceroy, the only luxury ski resort in Snowmass Village, was rated best ski hotel in the nation by *USA TODAY* while receiving a Gold Badge Best Hotel by *US News & World Report Best Hotels Rankings*. This beautiful ski-in, ski-out resort at the base of Snowmass offers luxurious, sophisticated rooms providing you with serenity and coziness, elegant amenities, in-room kitchens, and fireplaces. Enjoy two excellent restaurants, a coffee shop, ski valet, and unparalleled hospitality. Soothe your muscles in the slopeside heated pool and hot tubs, or find sanctuary at the decadent Ute Indian-inspired wellness spa. Special group amenities include discounted room rates (the standard rate is \$1,050+/nt), spa discounts, and a discounted \$25 daily resort fee (regularly \$50) that includes Wi-Fi in guest rooms and meeting room, fitness studio access, coffee and espresso in rooms, courtesy Aspen airport and Snowmass Village transportation, and more. Book your stay today, as the Viceroy is filling up faster than ever!



CRESTWOOD CONDOMINIUMS
1-800-356-5949
FROM \$349/NT



STONEBRIDGE INN
1-844-330-1859
10% Off Rates



TIMBERLINE CONDOMINIUMS
1-800-922-4001
FROM \$360/NT

Visit HolidaySeminars.com for More Lodging Options.

⁴Call properties direct and mention **Aspen Anesthesia** for special rates (not available through property websites or reservation agencies).



Complimentary
Nastar Races
for Everyone

Aspen Anesthesia Extras... Just For You

Below are some of the fantastic extras and discounts you get when you choose Holiday Seminars' Aspen Anesthesia!

40% OFF SKI RENTAL

For you, your family and friends.

LOWEST LIFT TICKET PRICES ONLY \$99-\$134

As low as \$99-\$134 a day for you, your family and friends—up to 36% off! Normally \$198 a day when 7-day tickets are purchased on the slopes. Plus our group lift tickets will have priority if a reservations system becomes necessary, so these are the best bet for unrestricted mountain access this winter!

FREE DRAWING

We will give away ski accessories, massages at the spa, dining certificates, and more during our free drawing on Monday!

20% OFF SPA TREATMENTS AT THE VICEROY FROM 10AM-3PM

For you, your family and friends.

SO MUCH MORE!

Discounts on ski lessons, restaurants, car rentals, snowmobiling, spa, and more. See our website for full details, www.HolidaySeminars.com.

Offering the Ultimate Flexibility for Our Seminars

We offer the ultimate flexibility at our seminars so that you can choose to be in the meeting room or watch the livestream of the lectures from your device in your own room or condo, with videos to catch up afterwards as well. If you are unable to travel on-site, a livestream-only registration option is available for remote participation.



The Best in Anesthesia CME for Over 40 Years



Over forty years and thousands of attendees later, Jenny Smith continues the legacy of her parents Dr. Wm. O.T. and Bonnie Smith to make Holiday Seminars the best in anesthesia continuing education. With the help of Dr. Lawrence Tsen, a leader in anesthesia education, we go to great lengths to select highly qualified dynamic speakers who present practical information designed to improve your anesthesia practice.

The Smiths, alongside family members Kathy Ross, Kit Clements, and Marty Swanson, are dedicated to ensuring even the smallest conference details are deftly handled to fully enhance your Holiday Seminars experience. Beyond providing the best anesthesia CME experience, the team believes in sharing their family values with you, such as creating lasting memories through travel, carving out time in busy schedules to include incredible experiences that enrich life and help battle burnout, and making new friends along the way. We go to great lengths to offer a meaningful and top-notch experience, with a personal touch. Register now for your chance to learn from the best in some of the most relaxing and rejuvenating locations.

Features For All Seminars:

ENJOY EARLY BIRD BONUSES

Each seminar offers an early bird bonus for your benefit. Whether it is \$100 applied to any resort activity, or \$125 in ski shop certificates, you should definitely take advantage of these offers and book early!

ALUMNI BONUSES

Take advantage of our Accumulating Bonuses for Alumni. Combine your seminar attendance status from multiple meetings to use at ANY Holiday Seminars location. So if you have attended 3 or more Holiday Seminars, you qualify for our Alumni Bonus.

If you have attended 10 or more Holiday Seminars, you and a guest are also invited to a special Alumni Dinner to show our appreciation. Thanks for continuing to choose Holiday Seminars!

SEMINAR OBJECTIVES

To review related physiology, pharmacology, agents and techniques that contribute to the art and science of anesthesiology. To discuss new agents, techniques and controversies in the field, assisting the participant in preparing better anesthesia care plans for their patients. **Specific objectives for each seminar and lecture are listed on the schedule page of our website.**

ACCREDITATION

Holiday Seminars is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. As an accredited organization for continuing medical education, Holiday Seminars designates the:

Aspen Anesthesia Seminar as meeting the criteria for 22 hours of *AMA PRA Category 1 Credit™* for physicians; this program has been prior approved by the American Association of Nurse Anesthesiology for 22 Class A CE Credits; Code Number 1044726; Expiration Date 2/7/2025, and the:

Maui Anesthesia Seminar as meeting the criteria for 20 hours of *AMA PRA Category 1 Credit™* for physicians; this program has been prior approved by the American Association of Nurse Anesthesiology for 20 Class A CE Credits; Code Number 1044712; Expiration Date 2/28/2025.

RESPONSIBILITY

These study seminars outlined herein will be carried out under the business management of Holiday Seminars, Inc. Holiday Seminars and its agents hold itself free from responsibility with hotel accommodations, tours, motorcoach, car, and any other means of transportation, damages, strikes, loss, injury, accidents, a pandemic, sickness, death, acts of terrorism, travel risks, change of schedule, and/or inconvenience to passengers and belongings. See our website for Attendee/Traveler Responsibilities.

CANCELLATION POLICY

For cancellations more than 60 days prior to the first event of the seminar, the cancellation fee is \$100 (to cover credit card fees and administrative costs). For cancellations 30–60 days prior to the first event, the cancellation fee is \$200. There are no refunds for cancellations less than 30 days prior to the first event; however, the tuition can be applied to a future seminar through the next year. If the seminar can't take place as originally planned due to the pandemic, you will still be able to access the lectures in video format and earn the credits, or the tuition can be applied to a future seminar through the next year. Lodging refunds vary according to individual properties.

REFER A COLLEAGUE OR FRIEND... GET A BONUS

Share your knowledge of Holiday Seminars with fellow friends and colleagues... refer them to Holiday Seminars and receive a bonus just for you! Refer a first-time attendee to any one of our meetings, and tell our office who you referred ahead of the seminar. Once they sign-up and attend one of our premier continuing education seminars, we'll give you \$50! There's no limit - refer as many friends as you like and you'll receive \$50 for each one! The Holiday Seminars team sincerely thanks you for all of your continued support.

Registration Form

Register online at www.HolidaySeminars.com or complete this form and email to: office@HolidaySeminars.com. Please check appropriate boxes and print clearly!

CONTACT US IF YOU DON'T RECEIVE CONFIRMATION WITHIN 2 WEEKS

ASPEN ANESTHESIA · February 1–8, 2025

TUITION BY DECEMBER 31, 2024

- \$1,175 Physicians, CRNAs, and Other Healthcare Professionals
- \$1,025 Physicians and Nurses in Training (Letter from Chairman Required)

LATE TUITION AFTER DECEMBER 31, 2024

- \$1,275 Physicians, CRNAs, and Other Healthcare Professionals
- \$1,125 Physicians and Nurses in Training (Letter from Chairman Required)

LIVESTREAM ONLY TUITION

- \$750 Physicians, CRNAs, and Other Healthcare Professionals

EARLY REGISTRATION BONUS (by 10/31/2024 see details on page 3)

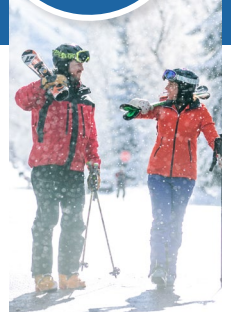
- \$50 Ski Rental Gift Card to Gene Taylor's Sports²
- \$75 Merchandise Gift Card to Gene Taylor's Sports³

ADDITIONAL ALUMNI BONUS

If this is your 3rd (or more) Holiday Seminars conference, please check one:

- \$60 Gene Taylor's Gift Card **OR** \$40 Aspen Skiing Co. Gift Card

This is a small token of thanks for continuing to choose Holiday Seminars.



Dr., Mr., Mrs., Ms., Miss _____

Degree: MD DO CRNA (AANA # _____) AA PA RN _____ Other _____

MD/DO: Provide your correct ABA # if you'd like us to report credits for PARS/MOCA: _____

Address _____

City/State/Zip _____

Phone (work, home, mobile) _____

Email Address² _____ Password² _____

This will be your Login at www.HolidaySeminars.com

This will be your Password at www.HolidaySeminars.com

I have/will reserve lodging at (hotel/bondo) _____

The reservation is in the name of _____

Payment: Check enclosed (payable to Holiday Seminars) Visa MasterCard

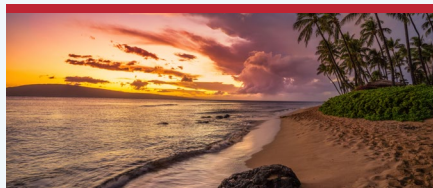
Account # _____ Exp. Date _____ CVV (3-digit code) _____

By initialing here and registering for Holiday Seminars, you accept the Attendee/Traveler Responsibilities posted on our website. (mandatory to register)

Authorized Signature _____

²You will need a Login and Password to be able to affirm your attendance hours and print/download your certificate of attendance at www.HolidaySeminars.com.

To learn more about our amazing seminars, visit our website at www.HolidaySeminars.com or call us at 970-923-9650. Plus follow us on our social media channels to keep up-to-date!



MAUI ANESTHESIA

February 22–March 1, 2025

Hyatt Regency Maui Resort & Spa · 20 Hours Credit
A Seminar Located on a Tropical Island Paradise



ONLINE CMEs & CEs

Available Now!

Earn 20 to 22 CMEs or CEs online anytime, anywhere... even from the comfort of your favorite chair!



SAVE THE DATES FOR 2026!

ASPEN ANESTHESIA

January 31–February 7, 2026

Viceroy Snowmass Resort · 22 Hours Credit
A Seminar Located on 3,300 Acres of Ski Terrain



The Holiday Seminars staff and experience are top notch. You guys are the gold standard for CME meetings.



-Aspen Anesthesia Attendee